

## The P-EBP Course

Have you ever felt frustrated when you tried to find the answer to a clinical question on the internet? Do your eyes cross when you read a research article? You're not alone!



The P-EBP course will give you the tools to quickly & effectively form a specific clinical question, search for pertinent research articles, evaluate the articles' quality & relevance, and apply to your practice.

The course is delivered using an interactive format with a low facilitator-to-learner ratio. You will take in short presentations on each module, work in small group settings, and use worksheets to follow through the evidence based practice cycle to answer a question of interest to you.



<https://emspep.cdha.nshealth.ca/>



## Department of Emergency Medicine

### Division of EMS

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Or

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Course Coordinator

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In Conjunction with:



*Not every clinician needs  
to be a researcher... but  
all should be users of  
research.*

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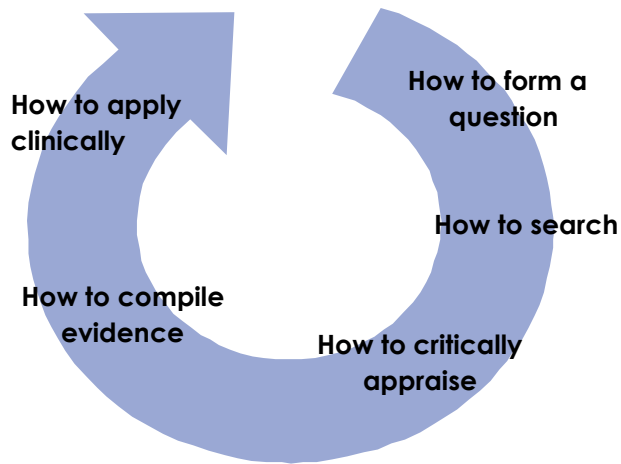


## Department of Emergency Medicine Division of EMS Dalhousie University Paramedic Evidence- Based Practice Program



*Applying the principles of  
EBM to paramedic clinical  
practice*

<https://emspep.cdha.nshealth.ca/>



## The Evidence-Based Practice Cycle

The Paramedic Evidence-Based Practice Program (P-EBP) gives paramedics the tools to critically analyze their own practice. Learners will follow the Evidence-Based Practice cycle to develop a clinical query, search the medical literature, critically appraise target articles, and incorporate the results into their practice.

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## Mini-Critically Appraised Topic

After forming a clinical query & evaluating the relevant evidence, learners will write a **Critically Appraised Topic**. "Mini-CATs" are 1-page concise synopses. Upon course completion, paramedics submit their CAT to [ems@dal.ca](mailto:ems@dal.ca). Their CAT will become part of the online Paramedic CAT bank:

<https://emspep.cdha.nshealth.ca/ParamedicMinCatBank.aspx>

### Format

The P-EBP course is offered as a 1-day or two half day education session, taught by our content experts (EMS physicians, residents, and paramedics).

There is access to online reference materials and full text articles through Dalhousie's online library.

This course has been reviewed by PAC for compliance with the ACP NOCP 2011 Guidelines.

### Request a course!

Are you planning an EMS conference? Why not add the P-EBP course to the schedule? Email: [ems@dal.ca](mailto:ems@dal.ca)

<https://emspep.cdha.nshealth.ca/>

**Cost:** Please contact the coordinator regarding course cost. Cheques can be made out to: Department of Emergency Medicine, Division of EMS, Dalhousie University.

**Credits:** Each learner will receive a certificate and 32 EHS CEU credits upon completing the course and submitting their mini-CAT.

### Become a Leader!

Paramedics who have completed the P-EBP program have the opportunity to get involved in the program as P-EBP leaders, and in the Canadian Pre-hospital Evidence Based Protocols Project:

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